

## *About the Adult Day Service*

Adult Day Service Program provides a valuable service not only to participants and their caregivers, but also to the community as a whole. ADS allows chronically ill or frail people to continue living at home while receiving the care they need in a dignified manner. This serves as an important and long-term bridge between fully independent living and nursing home care. ADS provides reassurance necessary to caregivers that their loved one will be safe and engaged while they are at work or taking a much-deserved break from their caregiving duties. ADS creates a “home away from home” atmosphere that more closely resembles “normal life” than going to a nursing home. Participants have somewhere enjoyable to go in the morning from which they return back home in the evening, and their days are filled with fun and therapeutic activities. ADS is less expensive and more cost-effective than nursing homes, and oftentimes will help keep participants from needing the costly full time nursing services of continuous care facilities for many years. Participants and their caregivers are able to choose how many and which days of the workweek they will spend at the program.

Adult Day Service provides a valuable solution for caregivers who can't leave a loved one home alone during the day.

## Adult Day Service

**Program Director: Tia Saucedo**  
**10190 Bannock Street, Suite 104**  
**Northglenn, CO 80260**  
**303-287-2400 Fax 303-287-0572**  
**seniorhub@comcast.net**

### *The Senior Hub's Mission Statement*

*Our mission is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain their health and independence.*

#### **Other Senior Hub Services include:**

- Meals on Wheels
- Respite and In-Home Supportive Services
- Senior Solutions
- Rural Nutrition
- Tax Counseling
- Retired and Senior Volunteer Program
- Care Management

**Main Office:**  
**2360 West 90th Avenue**  
**Federal Heights, CO**  
**80260**  
**303-426-4408**  
**303-426-0014 Fax**  
**info@seniorhub.org**



## Adult Day Service

## FREQUENTLY ASKED QUESTIONS



**Adult Day  
Service**

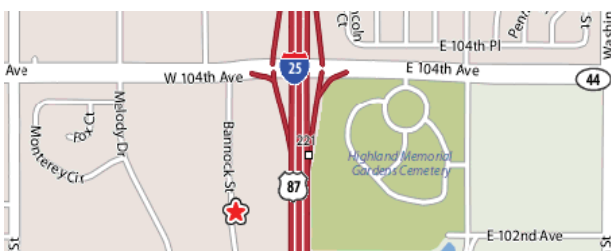
Tel: 303-287-2400  
seniorhubads@comcast.net

## What is the Adult Day Service Program?

The Senior Hub Adult Day Service is designed to keep seniors living in their homes, either independently or with a caregiver. Our goal is to keep participants independent for as long as possible by encouraging participants to do all they can within his/her own capacity. We strive to create an environment that is comfortable and offer the opportunity to socialize and interact with peers.

## Where are we located?

ADS is located at 10190 Bannock Street in Suite 104, in Northglenn. Bannock Street is one block west of I-25 off 104th. Turn South on Bannock from 104th and go all the way to the end of the street and we're on the left.



## What are your hours?

Monday-Friday 7:30am to 5:30pm. We observe most major holidays.

## What are the meals like?

Lunch and morning and afternoon snacks are served each day. The North Valley Rehabilitation Hospital's professional dietician designs each meal and most special dietary needs can be accommodated. Be assured participants will be served a hot nutritious family-style meal.

## Do you offer medical care?

ADS is a primarily a social program designed to provide seniors a welcoming place to spend their day. However, ADS has 3 CNA's (Certified Nurse Assistants) on staff who are able to offer assistance in the restroom, chair transfers, and provide light medical monitoring (checking vitals and administering medications as directed by a physician). An RN (Registered Nurse) visits the program once a week to oversee the CNAs and monitor the needs of the participants. We require a physician's referral, which is a form we can easily fax to your doctor's office to be filled out and returned.

## What activities are offered?

ADS provides all types of activities, including discussion groups, games, arts and crafts, bingo, reminisce groups, and daily exercise. Staff works hard to have a wide range of activities and create a diverse calendar. You will find that our programs are very specialized to our participants' interests and, because we are a smaller program, we can offer our participants a more intimate setting.

## What are the payment options?

*Current fee schedule is:*

Full day (Over 4 hrs, up to 10).....\$58 per day

Partial Day (Up to 4 hrs).....\$36 per day

Medicaid is accepted if on the HCBS waiver. Care manager must approve amount of weekly units. Federal grant assistance may also be available, provided by (DRCOG) Denver Regional Council of Governments after a formal assessment. Acceptance and availability is determined by program director.

## My loved one has Alzheimer's. What steps are taken to make those with this disease feel comfortable at ADS?

Approximately 60% of the participants in our program are in some stage of dementia. Because our staff has experience working with dementia and Alzheimer's, we are able to go out of our way to meet the needs of each individual. The key to our program success is patience, caring, and our true ability to relate to each participant on an individual basis. However, keep in mind that ADS is not a secured facility. Each person must come and stay of their own free will.

## Do you offer transportation?

The Senior Hub does not provide transportation. If family is not able to provide transportation, we can direct you towards available options, such as A-lift and Access-A-Ride.

## How can I support the Adult Day Service Program?

If you wish to contribute to The Senior Hub Adult Day Service you may speak with the Program Director to make contribution arrangements. Your contributions are tax-deductible. Please watch our newsletter for more opportunities to support our program.

Program Director: Tia Saucedo  
10190 Bannock Street, Suite 104  
Northglenn, CO 80260  
303-287-2400 Fax 303-287-0572  
seniorhub@comcast.net