

2011 Senior Solutions

# RESOURCE GUIDE

A guide to services for older adults since 1986



Dedicated to Caring!

**25**<sup>TH</sup>  
ANNIVERSARY

**303-426-4408**

[www.seniorhub.org](http://www.seniorhub.org) email: [info@seniorhub.org](mailto:info@seniorhub.org)

## The Senior Hub

2360 W. 90th Ave.  
Federal Heights, CO 80260  
P: 303-426-4408  
F: 303-426-0014  
info@seniorhub.org  
www.seniorhub.org  
*Se Habla Español*

## Aurora Office

12101 E. 2nd Ave., #106  
Aurora, CO 80011  
P: 720-859-2248  
F: 720-859-2428  
Irinelli@seniorhub.org

## Adult Day Service

10190 Bannock St., #104  
Northglenn, CO 80260  
P: 303-287-2400  
F: 303-287-0572  
tsauceda@seniorhub.org

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Thornton, CO 80229  
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## The Senior Hub offers the following programs designed to enhance the lives of older adults:

**SENIOR SOLUTIONS:** Provides resources, counseling and service coordination for older adults. Also operates an emergency food bank and medical equipment lending service.

**CARE MANAGEMENT:** Identifies strengths and needs, creates a care plan and coordinates services for older adults to help them maintain optimum health and independence.

**RESPIRE CARE AND IN-HOME SUPPORTIVE SERVICES:** Provides substitute caregivers (volunteer and employee caregivers) to assist caregivers with short-term, in-home, non-medical respite care. Also offers services to maintain independence for frail older adults living alone.

**ADULT DAY SERVICE:** Provides a place for older adults to receive social stimulation, meals and supervision while their caregivers work or attend to their own needs. Medicaid certified.

**MEALS ON WHEELS:** Provides a daily visit from a friendly volunteer along with a hot noon meal for homebound individuals. Select from two meal options. Volunteers always welcome.

**RURAL MEALS ON WHEELS:** Provides five highly nutritious frozen meals per week to seniors living in towns along the I-70 Eastern Corridor.

**RETIRED AND SENIOR VOLUNTEER PROGRAM:** RSVP gives older adults the opportunity to participate in meaningful community service by sharing their expertise with public organizations.

**MINOR HOME REPAIR:** Provides home repairs for seniors at deeply discounted rates by friendly, reliable handymen. Emergency repairs are free for qualifying seniors.

# Discover the possibilities

Discover Covenant Village. Share a welcoming community of Christian fellowship. Experience the security of our 125-year commitment to service, our solid financial position, and our promise that if your needs grow we'll be there with you.

- *One of two Colorado communities nationally accredited by the Continuing Care Accreditation Commission—the industry's highest standard of quality*
- *Duplex, patio and apartment homes*
- *Maintenance-free living*
- *Pool, fitness center and more*
- *Assisted living, rehab, home health and hospice, memory support and skilled nursing on campus*

**Schedule a personal visit with lunch and a tour**

*Learn the top ten reasons why an entrance-fee community is the best value in retirement.*

**(303) 424-4828**

***CVCmarketing@covenantretirement.org***

*CRC does not discriminate pursuant to the Fair Housing Act subject to any exemptions that may apply.*



**COVENANT VILLAGE  
OF COLORADO**

*A Covenant Retirement Community*



*Covenant Village of Colorado is administered by Covenant Retirement Communities Inc. on behalf of the Board of Benevolence of the Evangelical Covenant Church. Covenant Village of Colorado Inc. is the sole responsible party for guaranteeing contracts with its residents.*

9153 Yarrow St. | Westminster | [www.covenantretirement.com](http://www.covenantretirement.com)

*Just west of Wadsworth Parkway on 92nd Ave.*

## **ADULT DAY CARE**

**The Senior Hub • Adult Day Service** (see ad back pg) ..... **303-287-2400**

## **ADVOCACY**

AARP ..... 866-554-5376  
Aurora Victim's Advocate ..... 303-739-1814  
Adams County Adult Services ..... 303-227-2348  
Citizen's Advocate Office ..... 303-866-2885  
Denver Center for Crime Victims ..... 303-894-8000  
DRCOG Ombudsman Program ..... 303-455-1000  
**The Senior Hub • Senior Solutions** (see ad back pg) ..... **303-426-4408**  
Victim's Assistance, ADCO Sheriff's Department ..... 720-322-1240

## **ALCOHOL / DRUGS**

Al-Anon Service Center ..... 303-321-8895  
Alcoholics Anonymous ..... 303-322-4440  
The Council ..... 303-825-8113

## **CONSUMER ASSISTANCE**

Adams County D.A. - Consumer Fraud ..... 303-835-5633  
Better Business Bureau ..... 303-758-8200  
Channel 7 (Call 7 for help) ..... 303-832-2557  
Colorado Consumer Line ..... 800-222-4444  
KHOW - Radio 630 (Tom Martino) ..... 303-771-4357  
KUSA - Channel 9 (Paula Woodward) ..... 303-871-1799

## **DENTAL**

**Advanced Senior Dental Services, Inc** ..... **303-506-4698**  
Mobile dental services  
Colorado Foundation of Dentistry for the Handicapped ..... 303-534-3863  
Denver Rescue Mission ..... 303-294-0157 x2152  
Friends of Man ..... 303-798-2342  
Inner City Health Center ..... 303-296-1767  
New Hope Dental Clinic ..... 720-956-0310  
Salud Clinic (Commerce City) ..... 303-286-6755  
Senior Answers and Services ..... 303-333-3482  
University of Colorado Dental Clinic ..... 303-724-6900

## **DISEASE ASSOCIATIONS**

Alzheimer's Disease & Related Disorders Associations ..... 303-813-1669  
American Cancer Society ..... 303-758-2030  
American Diabetes Association ..... 720-855-1102

American Heart Association of Colorado.....	303-369-5433
American Lung Association of Colorado.....	303-388-4327
Arthritis Foundation .....	303-756-8622
Colorado Easter Seal Society.....	303-233-1666
Leukemia & Lymphoma Society.....	303-984-2110
Lupus Foundation of Colorado.....	303-597-4050
Multiple Sclerosis Society - Denver.....	303-648-7400
Parkinson's Association of the Rockies.....	303-830-1839
Rocky Mountain Stroke Association.....	303-730-8800

**EDUCATION**

55 Alive Mature Driving Classes.....	303-764-5995
AARP Colorado .....	866-554-5376
Adams County School District 12.....	720-972-4000
Colorado Talking Book Library.....	303-727-9277
CSU Cooperative Extension.....	303-637-8100
Front Range Community College.....	303-404-5465
Metro State College, North Campus.....	303-450-5111
Rangeview Library District.....	303-288-2001
Bookmobile/Homebound .....	303-288-2018

"Enjoy Areas of gardens and walkways"



# San Marino

*Retirement Community*

Enjoy beautiful gardens, walkways,  
fine dining, friendly people  
and so much more!

Five choices of carefree living

**303-429-8857**

- Patio Homes
- Independent Apts.
- Full Service Apts.

**303-426-9090**

- Assisted Living Apts.
- Memory Care Apts.

5000 W. 75th Avenue, Westminster, CO 80030

[www.SanMarinoRetirement.com](http://www.SanMarinoRetirement.com)



## **EMERGENCY ASSISTANCE**

*Dial 211 for emergency assistance referrals.*

Adams County Housing Authority.....	303-227-2075
Almost Home.....	303-659-6199
American Red Cross.....	303-722-7474
Association for Senior Citizens.....	303-455-9642
Aurora Interchurch Task Force.....	303-360-0260
Catholic Charities	
Aurora Assistance Center.....	303-597-0464
Family Assistance Center.....	303-742-0828
Colorado Foreclosure Hotline.....	1-877-601-4673
Community Resource Office.....	303-227-2303
Crossroads Baptist Church.....	303-452-5332
Family and Senior Homeless Initiative.....	303-313-2400
Growing Home.....	303-426-0430
Immaculate Heart of Mary Church.....	303-452-2041
Metro CareRing.....	303-860-7200
Operation Blessing.....	303-431-8295
Salvation Army Family Services.....	303-295-3366

## **EMERGENCY RESPONSE SYSTEMS**

**Philips Lifeline..... 866-674-9900 x4912**

24-hour emergency response. AutoAlert for fall detection. Automated medication dispensers. Local installers. No long term contract.

## **EMPLOYMENT SERVICES**

AARP Senior Employment Program.....	720-946-2901
Adams County Workforce Centers	
Aurora.....	303-363-9380
Brighton.....	303-659-4250
Thornton.....	303-452-2304
Westminster (Main Office).....	303-453-8600
Senior Community Service Employment Program.....	303-235-6982

## **ENERGY ASSISTANCE**

Low-Income Energy Assistance Program (L.E.A.P.).....	303-227-2378
Xcel Energy Company.....	800-331-5262

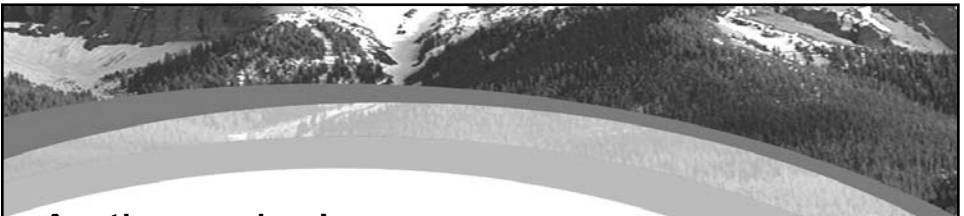
**FINANCIAL SERVICES**

Adams County Department of Human Services

Old Age Pension & Qualified Medicare Benefit .....	303-287-8831
Colorado Quest Card Customer Service .....	888-328-2656
Longterm Care Options (Medicaid, HCBS, & HCA) .....	720-974-0032
Senior Citizen Tax Rebate Program (District 12).....	720-972-4000
Senior Citizen Tax Rebate Program (District 14).....	303-289-3941
Seniors! Inc. Money Management Program.....	303-300-6900
Social Security Administration (SSI, SSD).....	800-772-1213

**FOOD**

Adams County Food Distribution Center.....	303-286-4193
Adams County Human Services Food Stamp Unit.....	303-227-2350
Aurora Office.....	303-363-9300
Association for Senior Citizens.....	303-455-9642
Brighton Food Pantry.....	303-654-1040



**As the region's leading hospice since 1978,**  
 we provide an unprecedented level of expert, comprehensive and personalized care. From programs to promote comfort and manage pain, to counseling and support for families and friends, nowhere else will you find a more compassionate group of experts dedicated to one greater purpose... *you*

Personalized hospice services provided in the home  
 Skilled Nursing Facility or Assisted Living Residence  
 Palliative care experts  
 Team of experienced professionals on call 24-hours a day  
 Grief services for children and adults

**THE DENVER HOSPICE**

**(303)321-2828**  
[www.thedenverhospice.org](http://www.thedenverhospice.org)  
 501 South Cherry Street, Suite 700  
 Denver, Colorado 80246-1328

*Formerly Hospice of Metro Denver*

**FOOD** *(continued)*

FISH

of Aurora .....	303-360-0260
of Broomfield.....	303-465-1600
of East Denver.....	303-234-5283
of Westminster.....	303-469-3396
Food Bank of the Rockies .....	303-371-9250
Immaculate Heart of Mary Food Bank.....	303-452-2041
Northglenn Christian Church Food Bank.....	303-452-3787
Salvation Army Food Bank .....	303-295-3366
SHARE Colorado.....	303-428-0400
<b>The Senior Hub</b> <i>(see ad back pg)</i>	
<b>Meals on Wheels</b> .....	<b>303-426-4408</b>
<b>Senior Solutions Food Bank</b> .....	<b>303-426-4408</b>
Thornton Food Bank.....	303-287-7268

**FORMS ASSISTANCE**

Adams County Treasurer Tax Counseling .....	303-654-6163
Derby Resource Center .....	303-289-2763
<b>The Senior Hub</b> <i>(see ad back pg)</i> .....	<b>303-426-4408</b>

**GOVERNMENT**

Adams County Commissioners .....	303-654-6100
Citizen's Advocate Office .....	303-866-2885
Colorado Governor's Office .....	303-866-2471
Colorado House of Representatives.....	303-866-2904
Colorado Senators.....	303-866-4866

**GRANDPARENT'S RIGHTS/PROGRAMS**

Adams County Foster/Adopt Program.....	303-412-5437
Grandparent's Resource Center.....	303-980-5707

**HEALTH CENTERS**

9 Health Fair .....	303-698-4455
Clinica Campesina:	
Thornton .....	720-929-1655
Westminster.....	303-650-4460
Commerce City Community Health Services .....	303-289-1086
Inner City Health Center .....	303-296-1767

Salud Clinic:	
Brighton .....	303-659-4000
Commerce City.....	303-286-8900
St. Anthony Hospitals Senior Health Centers .....	303-825-1234

**HEALTHCARE**

Colorado Access Advantage.....	1-877-441-6032
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**HEARING**

<b>Bliss Hearing Solutions</b> .....	<b>303-655-1711</b>
Multi-line dispenser, hearing aids, hearing tests, cleaning, wax removal and management, batteries and supplies.	
Center for Hearing, Speech and Language.....	303-322-1871
Hear Now (Starkey Hearing Foundation) .....	1-800-648-4327
International Hearing Dog, Inc.....	303-287-3277
Senior Answers and Services.....	303-333-3482
University of Colorado Audiology Clinic.....	720-848-2800



**The Center for  
People with  
Disabilities**

**Seniors Low Vision Program**

This program is dedicated to serving the needs of seniors (55 and older) with vision loss. The goal of the program is to aid individuals in maintaining the level of independence they choose for themselves. Adjustment and adaptation to vision loss are facilitated through a combination of monthly peer support groups, individual services, and community staff trainings. Topics are educational and supportive with a focus on living well with vision loss. A family support group is also offered on a monthly basis.

The Center for People With Disabilities is located in Boulder at 1675 Range Street, and in Longmont at 615 North Main Street. In the spring, we hope to open an additional location in Thornton. For more information, please call: **303.442.8662 ext. 111.**



**HOME HEALTHCARE / HOMEMAKER**

Adams County Department of Human Services.....	303-287-8831
Adams Options for Long Term Care.....	720-974-2439
<b>BrightStar Lifecare</b> .....	<b>720-890-7777</b>
<b>Elderlink Home Care, Inc.</b> .....	<b>303-734-0641</b>
Jeffco Long Term Care Options.....	303-271-4216
Life Care at Home.....	303-666-7712
Skilled nursing care, physical, occupational and speech therapies - LSVT and VitalStim and vestibular rehab program. Fax: 303-666-7713	
Seniors! Inc.....	303-300-6900
5840 E. Evans Ave. • In-home services to help you maximize your independence.	
Visiting Angels.....	303-650-2881
<b>Visiting Nurse Association</b> .....	<b>303-698-2121</b>

**HOME IMPROVEMENT / REPAIR**

<b>Handyman Connection</b> .....	<b>303-426-9777</b>
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**HOME REPAIR / REHABILITATION**

Adams/Arapahoe Weatherization Program.....	303-636-1982
Adams County Housing Rehabilitation.....	303-453-8500
Brothers Re-Development Inc.....	303-202-6340
Commerce City Housing Authority.....	303-289-3698
Help for Homes (Northglenn).....	303-450-8935
Help for Homes (Thornton).....	303-538-7287
Rebuilding Together.....	720-524-0840
Metro area home rehabilitation and repair	
<b>The Senior Hub • Senior Solutions Minor Home Repair</b> .....	<b>303-426-4408</b>
<i>(see ad back pg)</i>	
Volunteers of America Handyman Program.....	303-297-0408

**RAMPS – Rent or Buy!**

- **Low Cost.** Rent or Buy
- **Non-Slip.** Safest Ramp Available
- **Installed in Days!** No Permits Needed
- **Residential & Commercial**
- **Portable Wheelchair Showers**

**303-469-9191**  
Locally Owned – Katherine Keeley, CAPS  
Certified Aging in Place Specialist

**FREE In-Home Evaluation**  
*Call Today*



**HOSPICE**

The Denver Hospice (see ad pg 7)..... 303-321-2828  
 501 S. Cherry St., #700, Denver, CO 80246-1328 • Personalized hospice and palliative care services in the home, skilled nursing facility, assisted living residence, and in our inpatient care center. Experienced professional on call 24 hours a day.

**HOUSING****Assisted Living**

Covenant Village (see ad pg 3) ..... 303-424-4828  
 9153 Yarrow St. in Westminster • www.covenantretirement.com

**Crossroads Assisted Living**..... **303-252-1118**  
 451 Malley Dr., Northglenn, CO 80233 • New addition, lovely grounds, spacious apartments, 12 floor plans, dining options, comprehensive activities, aviary and more!

**Marycrest Assisted Living** ..... **303-433-0282**

**Rawson House Assisted Living** (see ad pg 13) ..... **303-227-6780**  
 8154 Downing Dr., Denver, CO 80229 • Senior assisted living, semi-private rooms, rates from \$2200 depending on level of care.

**Senior Housing Options** ..... **303-595-9225**

A nonprofit organization offering affordable housing options for adults with disabilities and seniors.

Sterling House of Brighton - Brookdale Senior Living ..... 303-637-9500  
 2215 E. Egbert St., Brighton, CO 80601 • A personalized assisted living community with in-house rehabilitative services. Call for a visit today!

**Housing Advocacy**

Colorado Division of Civil Rights ..... 303-894-2997  
 Community Housing Services ..... 303-831-1935

# Clare of Assisi / Villa Maria

## Independent Living for Residents 62 and Better

- HUD subsidized • 1 Bedroom apartments
- Laundry facilities • Spacious community rooms
- Close to shopping • Close to hospital • Beauty shop
- Small pets welcome • Located on bus line

For information,  
 or to arrange a  
 private tour, call:  
**303-427-4406**



Located at 2451 W. 82nd Place, Westminster, CO 80031

## **Housing Information & Services**

Access Housing.....	303-289-7078
Adams County Housing Authority.....	303-227-2075
Almost Home (Brighton).....	303-659-6199
Alternatives to Family Violence .....	303-289-4441
Aurora Housing Authority.....	720-251-2100
Brighton Housing Authority.....	303-655-2160
City of Aurora - Home Ownership Assistance Program.....	303-739-7900
Colorado Coalition for the Homeless.....	303-293-2217
Commerce City Housing Authority.....	303-289-3698
Community Housing Services .....	303-831-1935
Community Resource Office.....	303-227-2303
Elderly Housing CHOICES .....	303-831-4046 x 202
Family & Senior Homeless Initiative .....	303-313-2440
Growing Home.....	303-426-0430
HUD Locator.....	303-672-5213
<b>Senior Housing Options .....</b>	<b>303-595-9225</b>
<b>The Senior Hub Senior Solutions (see ad back pg) .....</b>	<b>303-426-4408</b>
United Way Shelter Referral Helpline (or dial 211).....	303-561-2222
Volunteers of America Shelter .....	303-620-9190

## **Independent Housing**

**Francis Heights Apartments, Inc. .... 303-433-6268**

Independent living facilities for low-income seniors

## **Retirement Communities**

Clare of Assisi / Villa Maria (see ad pg 11).....	303-427-4406
Community Management (see ad pg 17).....	303-573-9011
<b>San Marino Retirement Community (see ad pg 5).....</b>	<b>303-426-9090</b>

5000 W. 75th Ave., Westminster, CO 80030 • [www.sanmarinoretirement.com](http://www.sanmarinoretirement.com)

## **INFORMATION & REFERRAL**

*Dial 211 for information on services, volunteer opportunities, etc.*

Community Resource Office.....	303-227-2303
Derby Resource Center Commerce City .....	303-289-2763
DRCOG Information & Assistance.....	303-480-6700
Eldercare Locator .....	800-677-1116
<b>The Senior Hub • Senior Solutions (see ad back pg).....</b>	<b>303-426-4408</b>

## **JOB DISCRIMINATION**

Colorado Division of Civil Rights .....	303-894-2997
Equal Employment Opportunity Commission .....	303-866-1300

**LEGAL SERVICES**

<b>Chayet and Danzo, LLC</b> .....	<b>303-355-8500</b>
650 S. Cherry St., #710, Denver, CO 80246 • Boutique elder law, estate planning, and disability law firm serving our clients in times of need.	
Colorado Division of Civil Rights .....	303-894-2997
Colorado Legal Services .....	303-837-1313
Guardianship Alliance of Colorado .....	303-228-5382
KUSA Lawline 9 (Denver Bar Assn. Wed. 4-6:30 pm).....	303-698-0999
Law Office of Rebecca A. Pescador .....	303-280-7177
Legal Center for People with Disabilities & Older People.....	303-722-0300
Metropolitan Lawyer Referral Service .....	303-831-8000
Metropolitan Volunteer Lawyers .....	303-830-8210
Rocky Mountain Wills on Wheels (Beth Wilkins).....	303-299-9484
Tamra K. Waltemath, P.C.....	303-657-0360
Practice emphasizes elder law, wills, trusts, real estate, and probate including guardianship and conservatorships.	
<b>The Germany Law Firm, PC</b> .....	<b>303-454-3711</b>
www.coelderlaw.net • Probate, elder law and estate planning firm with offices in Erie, Westminster and Denver.	

**MEDICAL EQUIPMENT**

Amramp ( <i>see ad pg 10</i> ) .....	303-469-9191
Assistance League of Denver.....	303-322-1688
Association of Senior Citizens.....	303-455-9642
Brighton Senior Center .....	303-655-2075
Broomfield Senior Center .....	303-464-5526
Dominican Sisters (Ext. 18).....	303-322-1413
Pathways Home Medical Outlet .....	303-798-5588
Project Cure (accepts donations only).....	720-323-5448

## Rawson House RESIDENTIAL LIVING AT ITS BEST!

- Family style cooking and dining
- Daily exercises, activities and music
- Beautician
- Therapy dog
- Very quiet neighborhood
- Celebrations - personal & holiday

303.227.6780



[www.Rawson-House.com](http://www.Rawson-House.com) 8154 Downing Drive, Thornton, CO

**MEDICAL EQUIPMENT** *(continued)*

**The Senior Hub** *(see ad back pg)*..... **303-426-4408**  
Vial of Life - Erica Munson..... 720-977-5852

**MEDICAL INSURANCE**

Adams County Medicaid - Adult Intake..... 303-227-2353  
Aurora/Adams Medical Society (Doctor/Patient Mediation)..... 303-756-2718  
Centura Health Insurance Counseling for Seniors ..... 303-899-5151  
Colorado Division of Insurance..... 303-894-7499  
Colorado Foundation for Medical Care: Medicare Help Line..... 303-695-3333  
Colorado Insurance Commissioner ..... 303-894-7499  
Group Insurance Analysis, Inc..... 303-423-0162 x100  
Medicaid Hotline ..... 303-866-3513  
Medicare..... 800-633-4227  
Medicare Part D Counseling..... 303-629-4937  
Social Security Administration ..... 800-772-1213  
U.S. Department of Health & Human Services..... 303-844-5621

**MENTAL HEALTH/COUNSELING**

Community Reach Centers  
    Crisis Hotline ..... 303-853-3500  
    Brighton ..... 303-853-3600  
    Commerce City..... 303-853-3456  
    Northglenn..... 303-853-3400  
    Thornton ..... 303-853-3654  
    Westminster/Federal Heights ..... 303-853-3661  
Aurora Community Mental Health ..... 303-617-2300  
Catholic Charities ..... 303-742-0828  
Colorado Counseling Professionals ..... 303-430-4010  
Pennock Center for Counseling..... 303-655-9065  
Rainbow Center..... 303-287-2902  
The Mental Health Corporation of Denver..... 303-504-1250

**MINORITIES**

Asian/Pacific Center for Human Development..... 303-393-0304  
Catholic Charities Immigration Program..... 303-742-4971  
Denver Commission - Deaf Interpreter..... 720-913-8480  
Denver Indian Health & Family Services..... 303-781-4050  
Gay, Lesbian, Bisexual Community Center..... 303-733-7743  
HMONG American Association of Colorado..... 303-430-0680  
Servicios de la Raza..... 303-458-5851

Urban League of Metro Denver .....	303-377-2790
Vietnamese Elderly Association of Colorado .....	303-922-3033

**NEWSPAPERS**

<b>Arvada Press</b> .....	<b>303-279-5541</b>
Brighton Standard Blade .....	303-659-2522
Commerce City Beacon .....	303-289-4600
Commerce City Sentinel-Express .....	303-659-2522
<b>Northglenn-Thornton Sentinel</b> (see ad back pg) .....	<b>303-426-6000</b>
Prime Time for Seniors .....	303-665-5593
<b>Westminster Window</b> (see ad back pg) .....	<b>303-426-6000</b>

**PETS/WILDLIFE**

Adams County Animal Shelter .....	303-288-3294
Colorado Division of Wildlife .....	303-297-1192
Denver Area Veterinary Medical Society .....	303-318-0447
Denver Dumb Friends League (60+ may adopt free pet) .....	303-751-5772
Every Creature Counts .....	303-637-9136
Harrison Memorial Animal Hospital .....	303-722-5800
Lifeline Puppy Rescue .....	303-655-9696
Max Fund Animal Shelter .....	303-595-4917
<b>The Senior Hub • Companion Care Program</b> (see ad back pg) .....	<b>303-426-4408</b>
Volunteer assistance with pets	

**PHYSICIAN REFERRAL**

Ask-A-Nurse (Centura Senior Health Centers) .....	303-777-6877
HealthOne Physician Referral .....	877-HealthOne
Exempla Healthcare Physician Referral .....	303-689-4595

<p>When You Need Short-term Nursing Care and Rehabilitation Services, <b>The Choice is Clear...</b></p>  <p><b>Clear Creek Care Center</b> <i>of Westminster</i></p>	 <p><i>We've Earned a</i> <b>5-STAR RANKING FOR QUALITY CARE</b> <a href="http://www.medicare.gov/NHCompare">www.medicare.gov/NHCompare</a> (Jan. 2011)</p> <p><b>303.427.7101</b> 7481 Knox Place, Westminster, CO 80030 <a href="http://www.clearcreekcarecenter.com">www.clearcreekcarecenter.com</a></p>
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**PRESCRIPTION ASSISTANCE**

Rx Assist..... 303-629-4996  
Seniors! Inc..... 303-300-6900

**REAL ESTATE**

HomeVestors - Corporate Properties Inc. (see ad pg 19)..... 303-806-5444  
3597 S. Pearl St., #103, Englewood, CO 80113 • We buy houses "as-is",  
hassle-free, with integrity, respect, reliability and discretion...on your schedule.

**REHABILITATION FACILITIES**

Clear Creek Care Center of Westminster (see ad pg 15) ..... 303-427-7101  
7481 Knox Place., Westminster, CO 80030 • Short-term skilled  
nursing care and rehabilitation and extended care services.  
Stroke Day Program (Easter Seals) ..... 303-274-5415

**RESPIRE CARE**

Christian Living Campus Community Outreach Program..... 303-753-4593  
Seniors! Inc..... 303-300-6900  
**The Senior Hub • Respite Care & In-Home Supportive Services** .....**303-426-4408**  
(see ad back pg)

**REVERSE MORTGAGE**

**Approval Reverse Mortgage**..... **303-369-0408**  
Gail Rickman, Universal Lending (see ad this pg) ..... 303-506-7780  
grickman@ulc.com • A reverse mortgage is a safe  
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**SENIOR CENTERS**

Aurora Center for Active Adults .....	303-739-7950
Brighton Senior Center .....	303-655-2075
Broomfield Senior Center .....	303-464-5526
Commerce City Senior Center.....	303-289-3756
MAC Center - Westminster.....	303-426-4310
Northglenn Senior Center.....	303-450-8801
Strasburg Seniors Association.....	303-822-9262
<b>The Senior Hub</b> (see ad back pg).....	<b>303-426-4408</b>
Thornton Senior Center .....	303-255-7850

**SENIOR SERVICES**

Broomfield Senior Services .....	303-464-5526
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**SNOW REMOVAL**

*Please call ahead so a volunteer can be contacted to remove your snow.*

City of Northglenn.....	303-450-8904
City of Thornton .....	720-977-5866
City of Westminster (ext. 2159).....	303-658-2400
Snow Buddy Program - VOA.....	720-264-3379

**SOCIAL SERVICES AGENCIES**

Adams County Human Services.....	303-287-8831
Arapahoe County Human Services.....	303-636-1170
Boulder County Human Services .....	303-441-1000
Broomfield County Human Services.....	720-887-2200
Denver County Human Services .....	720-944-3666

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- Fitness Areas



**SOCIAL SERVICES AGENCIES** *(continued)*

Douglas County Human Services.....	303-688-4825
Gilpin County Human Services.....	303-582-5444
Jefferson County Human Services.....	303-271-1388
Weld County Human Services.....	970-352-1551

**SOCIAL SECURITY OFFICES**

General Social Security Info.....	800-772-1213
Denver: 1616 Champa St., 4th Floor.....	800-772-1213
Aurora: 14280 E. Jewell Ave. #250.....	1-866-931-9965
Lakewood: 13151 W. Alameda Ave.....	1-866-563-9469
Littleton: 8000 Southpark Lane.....	720-283-2526

**SUPPORT GROUPS**

Alzheimer's Association Support Group.....	303-813-1669
Post Polio Survivors.....	303-233-1666 x237
Stroke Survivors Support Group.....	303-730-8800
<b>The Senior Hub • Caregiver Support Groups</b> <i>(see ad back pg)</i> .....	<b>303-426-4408</b>
Widowed Persons Services (AARP).....	303-764-5996
Widowed Women's Support (MAC Center).....	303-426-4310

**TRANSPORTATION**

Adams County Community Transit (A-LIFT).....	303-235-6972
American Red Cross.....	303-722-7474
Brighton Call-and-Ride.....	303-994-3549
RTD Access-A-Ride.....	303-299-2960
RTD Customer Information.....	303-299-6000
Special Transit.....	303-447-9636
Tri-Valley Special Transit.....	888-647-9768

**VICTIM ASSISTANCE**

Adams County Sheriff's Department Victim's Assistance.....	720-322-1240
Adams County Human Services.....	303-287-8831
Alternatives to Family Violence.....	303-289-4441
Denver Center for Crime Victims.....	303-894-8000

**VISION**

3D Vision Eye Care.....	303-404-EYES (3937)
5760 W. 120th Ave., #240, Broomfield, CO 80020 • Warm and welcoming atmosphere, comprehensive eye care, full service optical, accepting most vision and health insurances, including Medicare.	

American Council of the Blind of Colorado.....	303-831-0117
Center for People with Disabilities (see ad pg 9).....	303-442-8662
615 N. Main St. in Longmont, and 1675 Range St. in Boulder	
Colorado Center for the Blind.....	303-778-1130
Colorado Optometric Center.....	303-295-2402
Eye Care America Senior Eye Care Program.....	800-222-3937
Lions Club of Denver.....	303-504-6293
<b>Northglenn Optometric Center.....</b>	<b>303-452-5670</b>
10360 Melody Dr., Northglenn, CO 80260 • We accept Medicare and they will pay for a portion of your comprehensive eye exam.	
Senior Answers and Services.....	303-333-3482

**VOLUNTEER SERVICES**

- The Senior Hub • Respite Care & In-Home Supportive Services ..... 303-426-4408**  
**The Senior Hub • Retired and Senior Volunteer Program (RSVP) ..... 303-426-4408**  
*(see ad back pg)*

**WEBSITES**

- www.aarp.org..... (information and advocacy for 50+)  
 www.co.adams.co.us..... (Adams County info. & services)  
 www.benefitscheckup.org..... (check on benefits you are eligible for)  
 www.coloradolegalservices.org..... (free legal information)  
 www.drcog.networkofcare.org..... (resources, services for seniors)  
 www.eldernet.com..... (health, housing, financial, legal services)  
 www.helpingpatients.org..... (information on prescription drug programs)  
 www.medicare.gov..... (Medicare information)  
**www.seniorhub.org..... (local senior resources/referrals)**  
 www.seniors.gov..... (Federal agencies, consumer protection)  
 www.ssa.gov..... (Social Security information)  
 www.govbenefits.gov..... (government benefit & assistance programs)

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