



## Meals on Wheels—February 2012

### Important Reminders

- ⇒ The Senior Hub is closed on Monday, February 20 for President's Day so there will be no food delivery.
- ⇒ If you receive a box of 5-frozen, they will be delivered on Monday, February 13 and then again on Thursday, February 16.
- ⇒ If you receive the meal in the foil container, you will get both a hot meal and one frozen meal for Monday delivered to you on Friday, February 17.
- ⇒ There will be no Delicious Delivery on Monday February 20. If you would like to request a frozen meal for that day, please call Becky or Marita by Wednesday, February 15 at 303-426-4408.

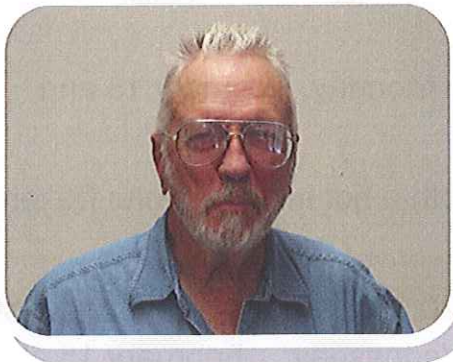
### ATTENTION CLIENTS

The Meals on Wheels staff work hard to make certain you receive the correct meal each day and in return we expect **HONEST COMMUNICATION FROM YOU**. When you neglect to let us know that you, your spouse, or other meal recipient in the home who receives M O W, no longer needs the service this wastes a meal, causes your volunteer inconvenience, prevents a client on the wait list from receiving a meal, and creates unnecessary work for the MOW staff to trying to obtain information about the missing recipient. This is especially difficult for our staff to justify if we do not obtain the information until the recipient has been gone for several days or weeks. We then assume that the client really did not need the meal anyway. We also do not appreciate finding a dozen meals stacked in the refrigerator in your residence.

**PLEASE MAKE A REAL EFFORT TO COMMUNICATE ANY CHANGES THAT NEED TO BE MADE IN YOUR SERVICE AS SOON AS POSSIBLE.** All you have to do is to call the Meals on Wheels office, 303 426-4408, & speak with either Becky or Marita. Thank you.



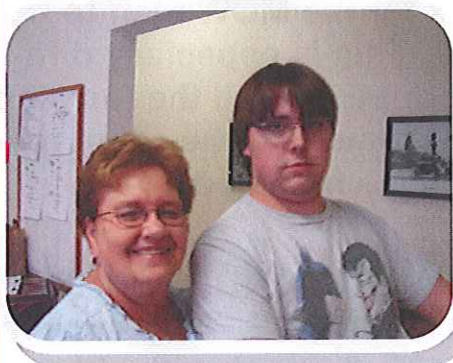
## Meet the Drivers



David Hauptman has been driving for Meals on Wheels for over 10 years on various routes in Commerce City and sometimes substituting on routes in other areas. He is very pleasant and doesn't hesitate to lend a helping hand.

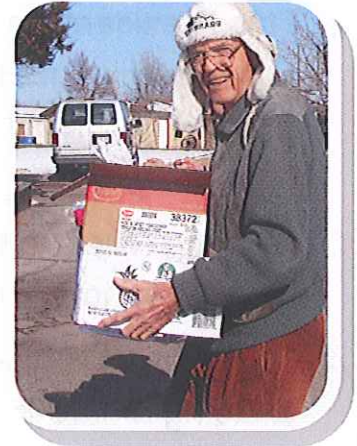


Bernie Di Croce has been driving for Meals on Wheels for just over one year on Route 19 in Thornton. She is a great person who loves what she does.

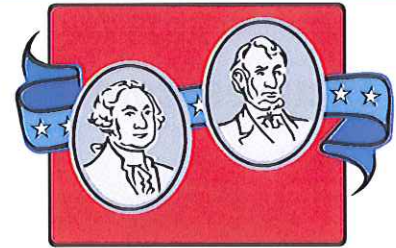


Georgia has been driving for Meals on Wheels for over two years. Her grandson Logan often accompanies her on the route. They are a great addition to the Meals on Wheels team.

# Pictures from last month's "Share the Love" event with Subaru



## February Presidential Trivia



1. Fresh milk was never scarce during this president's term: He kept a personal Holstein dairy cow names Pauline Wayne of the White House lawn.
2. This President was known for throwing rowdy parties attended by a distinctly non-selective guest list. At one notable party, the president reportedly supplied a 1,400-lb wheel of cheddar cheese, which was devoured by guests in a matter of hours.
3. Seeking relief from a hot summer day, this president gulped down a pitcher of iced milk and a bowl full of cherries—and died soon after from gastroenteritis.
4. This president hired a bodyguard after being attacked by a disgruntled citizen wielding a hard-boiled egg.
5. Remembered during his campaign more for his choice of libations than his political beliefs, this president was dubbed the "Hard Cider Candidate."

(\*\*\*\*Answers are on the back page of newsletter)





## February Birthdays

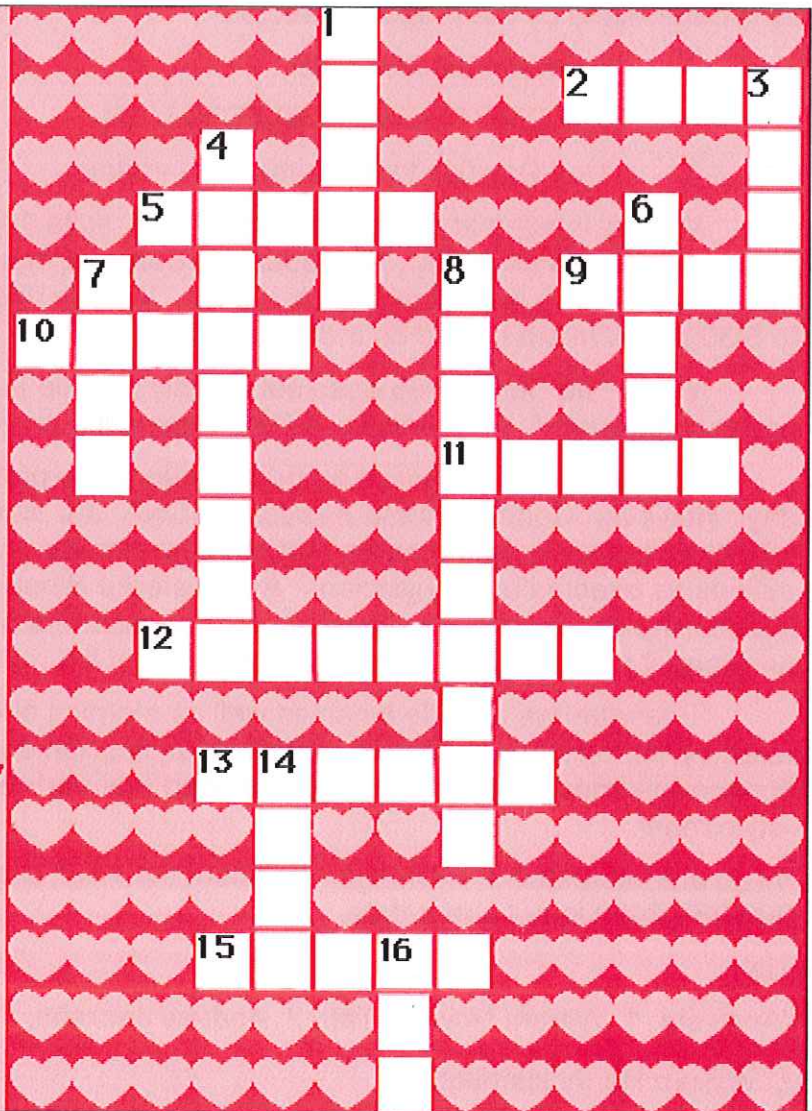
- |                         |                         |
|-------------------------|-------------------------|
| 02/06 Marjorie Seawalt  | 02/15 Linda Engelking   |
| 02/06 Edna Erwin        | 02/18 Joe Bustamonte    |
| 02/07 Lou counter       | 02/18 Bobbie Mc Caskill |
| 02/10 Martha Fajardo    | 02/21 Ramona Cisneros   |
| 02/10 Eugene Widener    | 02/21 Billy Espinosa    |
| 02/11 William Robertson | 02/22 Martha Johnson    |
| 02/13 Nelson Pickett    | 02/26 Beaulah Brunell   |
| 02/14 Clarence Savolt   |                         |
| 02/15 Kathryn Anderson  |                         |

### ACROSS

2. White and red mixed
5. Many classrooms have a Valentine \_\_\_\_\_
9. \_\_\_\_\_ and kisses
10. A dozen \_\_\_\_\_
11. Chocolate \_\_\_\_\_
12. \_\_\_\_\_ 14th
13. A rose is a \_\_\_\_\_
15. A Valentine shape

### DOWN

1. A Valentine color
3. Sealed with a \_\_\_\_\_
4. Would you be my \_\_\_\_\_ ?
6. Carries his bow and arrow
7. Wrote me a love \_\_\_\_\_
8. A box of \_\_\_\_\_
14. My true \_\_\_\_\_
16. A Valentine color



## Adult Day Service

The Senior Hub's Adult Day Service (ADS) program provides a valuable service to older adults and their caregivers. ADS allows chronically ill and frail people to continue living at home while receiving the care they need in a dignified manner. This serves as an important and long-term bridge between fully independent living and a nursing home.

ADS provides a break (respite) to caregivers while providing social activities, health services, and a nutritious meal to people with Alzheimer's disease, dementia, chronic illnesses, and other problems. We strive to create an environment that is comfortable and welcoming to our participants

We provide a variety of activities, including discussion groups, games, arts and crafts, bingo, reminisce groups, and daily exercise. Our staff works hard to have a wide range of activities and create a diverse calendar. You will find that our programs are specialized to our participants' interests and needs. Because we have a low participant-to-staff ratio we can offer our participants a more intimate setting.

We accept Medicaid for those on the HCBS waiver. A case manager must approve the amount of weekly units. Federal grant money, provided by the Denver Regional Council of Governments (DRCOG), may also be available after a formal assessment. Acceptance and availability is determined by the program director.

### *Current Fee Schedule:*

Full Day (Over 4 Hours) \$58 per day

Half Day (Up to 4 Hours) \$36 per day

We are located at 10190 Bannock Street, suite 104, in Northglenn. Bannock Street is one block west of I-25 on 104th. Turn south on Bannock from 104th and go all the way to the end of the street. We are in the building on the left. We are open Monday through Friday from 7:30 am to 5:30 pm. We are closed on most major holidays.

While The Senior Hub does not directly provide transportation, we can help you find transportation through A-lift or Access-A-Ride depending on your need and qualified benefits.

ADS is primarily a social program designed to provide seniors a social place to spend their day. However, Certified Nurse Assistants (CNA) are on staff to offer assistance in the restroom, with chair transfers, and provide light medical monitoring (checking vitals and administering medications as directed by a physician). A Registered Nurse (RN) visits the program once a week to monitor the needs of the participants. We do require a physician's referral in order to attend our program, it provides us a better understanding of the medical needs of each participant.

Everyday we provide lunch as well as morning and afternoon snacks. Our meals are catered by Vibra Hospital where a professional dietician designs each meal and we are able to accommodate most dietary needs. Be assured that participants will be served a hot nutritious family-style meal.

If you are interested in learning more about the Adult Day Service, please contact Tia Saucedo at 303-287-2400 to set a tour date.

Tia

(Answers: 1. William Howard Taft, 2. Andrew Jackson, 3. Zachary Taylor, 4. Franklin Pierce, 5. William Henry Harrison)